

homéopathes de terres sans frontières



A Lasting Presence in Honduras

Martine Jourde's last mission, from March 15 to 22, 2011, aimed at consolidating the presence of HTSF in Honduras, provided a very positive assessment of five years of successful operations.

The consolidation of the homeopathic clinic in Valle de Angeles

This is the first homeopathic clinic set up by HTSF in 2000 as part of our project "Trèfle", consisting of the transmission and community support for know-how of health care in four homeopathic components:

- 1- Development of protocols for emergencies
- 2- Promoting basic training for barefoot homeopaths, real local health promoters
- 3- Making of homeopathic remedies kits
- 4- Development in research and experimental homeopathy from the local and indigenous flora.

Thanks to the remarkable work of health promoter, Yolanda Salgado, therapist who undertakes all the clinic's work regarding health care, the population continues to benefit from homeopathic services. The objective is the full support of the clinic by the local community, aiming for self-financing and the coordination with the Honduran homeopathic community to be actively involved in the project.

Development of a rural network of prevention and community health through homeopathy

Building on the success at Valle de Angeles, and other emergency actions done by HTSF in Honduras, particularly in epidemics of dengue and rotavirus, many other regions have expressed interest and their great need for the implementation of development programs for rural health, preventive and community, of which homeopathy is the center, the HTSF the "leaders" and the com-

munity the stakeholders. The next project planned in this direction is in agreement with the Hospital San Francisco de Asis in the context of its rural health program in the mountains in Choluteca. In this project HTSF wants to install a homeopathic remedy maker called "diluthèque", and train local health promoters, while at the same time conducting a primary mission of homeopathic care. All this is helping to strengthen the rural health program, with greater emphasis placed on prevention and autonomy through homeopathy.

Calcium project to support health through agriculture

The project "Calcio para la gente" (calcium for all) is to ensure access to local sources of calcium and prevent the root causes of chronic diseases in the youth, women and the "elderly". It also allows communities to engage rural farmers in health development, encouraging them to grow individually in each garden or in greater numbers, two tropical plants that are extremely rich in protein and calcium, the Moringa olifa (this legume that grows very quickly and called the tree of life, saves whole populations of malnutrition in Africa) and the Sesame. The objective is to seek a source of financing for farmers by marketing any products derived from these plants, such as encapsulation of Moringa, and sesame oil. Business partners who share the ideals of fair market could be part of this component.

Symposium in Honduras on the integration of homeopaths in the public health system.

Following the efforts of Don Ramon Velasquez, vice president of the Honduran Congress and being himself therapist and director of the natural training of therapists in traditional medicine, a symposium will be held in Honduras this fall 2011 on the theme of integration of Homeopaths in the public health system. Mr. Velasquez had been dazzled by the effectiveness of homeopathy in the preventive campaign against dengue that HTSF conducted in 2010 and again this summer 2011. Convinced of the relevance of this approach, he is arguing for a bill allowing the integration of alternative medicine, including homeopathy, in the Honduran health system. Ramon Velasquez inspired by the Cuban approach to health prevention and community is a success and continues to grow in this country. The HTSF is co-organizing the event and will send a delegation as part of a mission too.



The Chagas Projet Team

In Canada

Josée Grenier is a professional homeopath in the region of Lanaudière and she is also a technician in microbiology at Le Gardeur hospital. She is the soul of the Honduras Chagas scientific project since 2006. She constantly looks for donations, gives essential information concerning Chagas disease, and helps transfer the process of the disease to the HTSF laboratory - Pedro Drouin which she helped create in 2006. When Josée gets involved, things move!

Martine Jourde has been a professional homeopath since 1977 and the founder of HTSF in Canada. She coordinates the HTSF missions in Honduras from the beginning, she assures homeopathic follow up to prevent Chagas disease. In addition, she provides homeopathic cures for the locals who presently have, or who are at risk of having this disease. She is developing the next phase of this project, which consists of taking action to prevent this epidemic in Honduras with prophylactic remedies, not only for the Chagas disease but also for the rotavirus and dengue.

Many professional homeopathic teams (**Nicole Prévault and Suzanne Tessier, for Chagas, Ingrid Bekhor and Monique Cadotte** for the training of students) have succeeded since 2006 in the Chagas Project in Honduras. We thank them for helping create a very strong community Project.



In Honduras

Father Pedro Drouin: he has given more than 50 years to Honduras and without whom the HTSF Project in Honduras would not have been possible. He has been enormously helping for the logistic, security, and the success of our missions. He was drawn by the humanitarian and viability side of this Project. Our HTSF laboratory and clinic in la Valle de Angeles is named after him. He

is now retired in Quebec, and still inspires us with faith and patience. Thank you!

Yolanda Salgado, "alma de casa", a Honduran resident. She is the soul and the center of this project. She has the Chagas disease and has devoted her professional life to the success of this clinic and laboratory. She has many responsibilities: health promoter, nurse, practitioner, technician of the laboratory. Yolanda is the leader of many diverse types of women, such as: religious and distressed women who have suffered through the hurricane in 1998, educated and independent, for the strength of will and education, and the indestructible human spirit.

Francisco Javier Carcamas, a young man who has been trained to follow Father Drouin's footsteps and work in Honduras. He is responsible for child day care, homes for homeless girls etc., as well as the HTSF Project. This project consists in the construction of the Health network and durable development of homeopathy, not only in Valle de Angeles, but elsewhere in Honduras. Francisco is our HTSF spokesperson in Honduras and our logistics support by Internet.

Fredis Osorto, Hospital Clinica San Francis de Asis of Choluteca's director, project director of the Health rural program in the region of Choluteca. He wants to double all his network of HTSF homeopathic services in the mountains. A beautiful project to come with the collaboration of other TSF professionals.

Of course we wouldn't forget all rural, religious and civil associations with all their heart who contributed to the organisation and success of our Honduras missions and projects. As said by the padre Alejandro of the

San Jose Association of Choluteca, who provides work for hundreds of people: "Nos sentimos orgullosos de poder servir la comunidad. Gracias."

Other professional contributors

Dr Momar N'Dao, director of the National Reference Center of parasitology -CNRP-McGill University at The Montreal General and specialist of Trypanosoma Cruzi, re-

sponsible for Chagas blood parasite. He has not only contributed to the creation of homeopathic nosodes for this prophylactic disease (which does not have a vaccine at the moment) but he also continues to hold the Project together, and supervises the scientific aspects of the PCR analysis here in Quebec and in Honduras. We are also thankful to Dr. Ndao and his team for all their help.

Dr. Gilles Murray and Dr. Amir Khadir who are microbiologists at the hospital Le Gardeur, have supported and contributed and we are very grateful for their global contributions.

We also had a lot of support from **Luc Delem**, a homeopathic pharmacist. He has been part of the project since the beginning. He distributes and makes homeopathic remedies in Quebec and is a member of the administration committee of HTSF.

Collaborators and Friends of HTSF

Claire Huard and Labo Solidago: homeopathic animal distributors.

Luc Delem and Homeodel: financial supports

Standard Canada: homeopathic dilution machine

Homeocan: for homeopathic products with the support of Jean-François and Beaumont experts for the shipping facilities.

CSN, FP and Third World Union Alliance for their financial support to the Chagas Project which helps us to have the support of ACIDI.

Colette Demers, professional homeopath and her team : sending of a container of remedies and material in Honduras

Médecins aux pieds nus : Donation of homeopathic remedies

HTSF team in Quebec: Mercédès Paré, professional homeopath in charge of the financial campaign. Ingrid Beckor, Marie Louise Vallée, Mathieu Bourbonnais for the training given for the HTSF, Christian Aubry, secretary

HTSF team in Quebec: Annie Durand, Pétaïn Saavedra and Philippe Legault for their logistic and administration in the HTSF missions.

Last but not least, thank you to all who have contributed from here or far and are still contributing to this day to the HTSF projects.

A Lasting Presence in Honduras Maintain and develop the Chagas Disease Project

Chagas disease is caused by a microspic blood parasite called Trypanosome Cruzi, it is one of the principal cause of death, and touches almost a quarter of the population of Central and Latin America. There is no vaccine for this plague. Early detection is difficult, analysis uncertain, and prophylaxis inexsistent. It is one of the worst attributes of poverty.

In 2007, the Chagas project was born, partly funded by the ACDI and a donation from the Third World Alliance Trade Unions (CSN), and an extraordinary inter-professional collaboration between HTSF (led by Josée Grenier, microbiology technician and homeopath, and Martine Jourde, director of HTSF) and Dr Momar N'dao, director of the National Center in parasitology of Mc Gill University (NCRP) at the Montreal General Hospital. The first goal was to set up a clinical laboratory allowing the detection and the transfer of analysis of Chagas disease in the targeted population from Valle de Angeles.

Two homeopathic nosodes were then made by the NRCP, including one which was a world premiere. In the first phase of the pilot project, a population of over 500 people, mostly children under fifteen years and women of childbearing age were tested, received prophylaxis and training as to how to identify and avoid transmitting agents of the trypanosome, and a general homeopathic consultation.



Chagas survey in Honduras

People who tested positive were followed and received the nosode and other homeopathic symptomatic remedies. All tests were monitored before and after treatment by the CNRP.

The results of changes in rates of seroconversion fall below positive testing are more than encouraging, even in chronic and severe cases, plus we found a general improvement and significant quality of life in the people.

This project is an example of the success that we can obtain through the collaboration of many different groups, thus with local community and their leaders, religious community, health promoters, Hondurian microbiologist, a team of Cuban doctors and a HTSF homeopath. This project continues due to the hard work of Yolanda Salgado who operates the laboratory in Honduras.

Because of this success, we are putting in place the second phase of this project which is the extension of this approach to other communities at risk, where the prevalence of disease is worse than the one in Valle, especially in remote areas. Through this

project, we can save and improve the health of many communities at risk, especially the young and women, in other areas of Honduras and in all the Americas. For this, we need to continue our collaboration and we invite our inter-professional to get involved.

Calendar of actions HTSF 2011-2012

Following the new modus vivendi put forward by CIDA, which affected TSF's (which HTSF is part of) organizational and financial capacity, it was decided that HTSF would focus in Honduras, Cuba, and possibly Haiti for the next few years in order to maximize HTSF's scope of action for a lasting development.

Fall 2011

Two week mission in Honduras: Valle colloquium, further work in Valle, including the Chagas project, preventive campaign against parasitism and new developments in Choluteca. The mission will be led by Martine Jourde and Lise Raymond. Welcome to other homeopaths.

Cuba

Every two or three months, for a mission of collaboration.

For information contact Martine Jourde: martinejourde@gmail.com

A Historical Overview of HTSF

Advancement of Homeopathy in Cuba's Public Health Care System

In the years that have followed the first joint Canadian/Cuban Homeopathy Symposium, organized by the SPHQ (le Syndicat Professionnel des Homéopathes du Québec) and HTSF in Havana, significant advances have ensued. This fruitful collaboration has furthered homeopathy in all sectors of public health in Cuba, and it has promoted its usage therapeutically and preventively (with homeopathic prophylactics) at both social and community levels. One of HTSF's most important contributions has been its involvement in developing production capabilities in order to meet the needs of the island, irrespective of their purpose being for first-aid, as a secondary care or for special circumstances.

Principal topics and the results of our endeavors thus far

Epidemic disease: leptospirosis, chagas disease, dengue fever, cholera, influenza. Results: Several massive scale applications using homeopathic protocols. For example, the last campaign against Dengue Fever and the Swine Flu (H1N1) in October 2009 saw the widespread distribution of a homeopathic complex to 11 million Cubans, thus decreasing (while still dominant elsewhere) the incidence of severe respiratory complications normally associated with the flu, and doing so at a historically unprecedented level.

Chronic illnesses: Cancer. Proposals and evaluations of homeopathic protocols used

preventively in pre-cancerous "terrain," palliation of side effects originating from the use of conventional medicine, adjunctive treatments to the primary therapy, and individualised homeopathic treatments.

Common clinical situations: emergency treatment and first-response treatments through determination, setting up protocols, producing homeopathic complexes and ensuring their distribution throughout the country.

Sustainable and integrated development of homeopathy in Cuba: Supplying a full spectrum of single remedies and homeopathic complexes, developing bio-therapeutics and nosodes, organising an international collaborative network with several organizations and well-known homeopaths, and help with publishing.

This collaboration has resulted in the greatest potential for access to homeopathy on the entire island of Cuba, thus bringing healthcare directly to the inhabitants. For HTSF, the Cuban homeopathic integration experience represents a model for a similar integration into the heart of Quebec's population. Together we learn things from each other, allowing for the greatest benefit to all who are in need. The HTSF, therefore, invites you to join us and take part in this wonderful and unique experience of human solidarity; an endeavor made possible because of homeopathy's power. It is said that "like cures like."

Current projects

Campaign against parasites, project "Healthy Woman," project "Calcium for All", the Alzheimer's Project, the kidney failure prevention project, as well as other collaborations and clinical research. Please contact Martine Jourde of HTSF (Homéopathes de Terre sans Frontières) for further information.



Call to all

After only five years of existence, HTSF is already establishing a strong base in Honduras and Cuba and seeing the development of homeopathy in foreign countries by helping local populations taking their health and well being in hand. This movement wants to spread to other regions since good news spreads quickly and well being is contagious. To support this growth, we are calling on all possible available resources.

Become a member of HTSF and contribute as follows

- Base member: \$25 per year
- Friend member: \$25 per year
- Corporatif member: \$50 per year
- Silver member: \$100 per year
- Gold member: \$200 for 12 years
- Diamond member: \$500 for life

Homeopaths become a member of HTSF

- Support HTSF by your contribution
- Participate in HTSF missions abroad
- Become a mission leader (if you have more than 5 years of professional experience in homeopathy)
- Support the necessary organization of HTSF activities
- To be a member of HTSF, you have to be member of a Professional Homeopathic Association which is recognized by their peers (for example, like the SPHQ in Quebec)

Logistic support at HTSF

- Big need for translation, especially from French to English, and French to Spanish.
- Spanish speaking homeopath: to participate in mission, to be the contact (via internet and Skype) with the locals in charge in order to perfect their homeopathic training.
- For the preparation of notes of for court
- For Financial campaigns

Thank you in advance for your support of HTSF which is the heart and spirit of the homeopathic principle : like cures like.



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